

Munster Masters & Senior Indoor T&F 2015

January 18th, Nenagh Olympic AC Arena

sponsored by MMI, www.mmi.ie

enquiries to : indoorsecretary@munsterathletics.com

60m Hurdles

| | Name | Club | Category | Time | |
|---|-----------------|--------------------|----------|------|-------|
| 1 | Shannen Dawkins | St Josephs AC | FS | NT | Guest |
| 2 | Leanne Prout | Carrick-on-Suir AC | FS | NT | |
| 3 | Lorraine Carr | Leevale AC | FS | NT | |

60m

| | Name | Club | Category | Time | |
|---|-------------------|--------------------|----------|-------|-------|
| 1 | Shona Lowe | Leevale AC | FS | 8.04 | |
| 2 | Emily Nolan | Carrick-on-Suir AC | FS | 8.21 | |
| 3 | Rebekah O'Connell | Liscarroll AC | FS | 8.45 | |
| 4 | EIMEAR LYNCH | Newport AC | FS | 8.46 | |
| 5 | Genieve Rowland | Templemore AC | FS | 8.94 | |
| 6 | Caitríona Farrell | An Brú AC | FS | 9.59 | |
| 1 | Mary Tobin | Dooneen AC | F35 | 9.68 | |
| 2 | Diane Curran | Dooneen AC | F35 | 9.85 | |
| 3 | MARY CAHILL | Ennis Track AC | F35 | 10.07 | |
| 1 | Martha O'Sullivan | Dooneen AC | F40 | 9.55 | |
| 1 | Sheila O Donoghue | Gneeveguilla AC | F45 | 9.30 | |
| 2 | Paula murphy | Dooneen AC | F45 | 9.73 | |
| 3 | HILDA O CONNOR | Ennis Track AC | F45 | 9.93 | |
| 4 | Susan Taylor | St Cronans AC | F45 | 10.46 | |
| 5 | Suzanne McConway | St Cronans AC | F45 | 10.62 | |
| 6 | Vera Meyler | Menapians AC | F45 | 10.85 | Guest |
| 7 | Eileen O Rirdan | Gneeveguilla AC | F45 | 11.02 | |
| 1 | Hazel Galloway | Clonmel AC | F55 | 10.10 | |
| 1 | Siobhán Doyle | Menapians AC | F50 | 11.02 | Guest |
| 1 | Mary Barry | Grange Fermoy AC | F65 | 13.40 | |
| 1 | Terri Gough | West Waterford AC | F70 | 14.40 | |

| 60m | | | | |
|------|------|----------|------|--|
| Name | Club | Category | Time | |

| Heat 1 | | | | | | |
|--------|----------------|--------------------------|----|------|---|-------|
| 1 | Marcus Lawler | St. Laurence O'Tooles AC | MS | 7.08 | Q | Guest |
| 2 | Kaodi Ogbene | Leevale AC | MS | 7.19 | Q | |
| 3 | Eoin Muldowney | Castlecomer | MS | 7.22 | Q | Guest |
| 4 | Neil Heffernan | Leevale AC | MS | 7.28 | q | |
| 5 | PATRICK LYNCH | Newport AC | MS | 7.49 | | |
| 6 | Liam Mulcahy | Leevale AC | MS | 7.49 | | |
| 7 | Damien Hickey | Abbey Striders AC | MS | 7.56 | | |
| 8 | Amir Dawood | Naas AC | MS | 7.75 | | Guest |
| 9 | Declan Owens | Mayo AC | MS | 8.26 | | Guest |

| Heat 2 | | | | | | |
|--------|----------------|--------------------------|----|------|---|-------|
| 1 | Cormac Lynch | Marian AC | MS | 7.17 | Q | |
| 2 | Raymond Walsh | Abbey Striders AC | MS | 7.21 | Q | |
| 3 | Robert Bennett | CIT AC | MS | 7.35 | Q | |
| 4 | Conor Durnin | St Peters AC | MJ | 7.45 | q | Guest |
| 5 | Adam Murphy | St. Laurence O'Tooles AC | MS | 7.50 | | Guest |
| 6 | Wesley Olivero | Leevale AC | MS | 7.56 | | |
| 7 | Roland Pika | Limerick | MS | 7.75 | | |
| 8 | Dara O'Carroll | MSB AC | MS | 7.81 | | Guest |

| A Final | | | | | | |
|---------|----------------|--------------------------|----|------|--|-------|
| 1 | Marcus Lawler | St. Laurence O'Tooles AC | MS | 7.04 | | Guest |
| 2 | Cormac Lynch | Marian AC | MS | 7.14 | | |
| 3 | Raymond Walsh | Abbey Striders AC | MS | 7.16 | | |
| 4 | Eoin Muldowney | Castlecomer | MS | 7.19 | | Guest |
| 5 | Robert Bennett | CIT AC | MS | 7.29 | | |
| 6 | Kaodi Ogbene | Leevale AC | MS | 7.32 | | |
| 7 | Neil Heffernan | Leevale AC | MS | 7.36 | | |

| B Final | | | | | | |
|---------|----------------|--------------------------|----|------|--|-------|
| 1 | Amir Dawood | Naas AC | MS | 7.32 | | Guest |
| 2 | Adam Murphy | St. Laurence O'Tooles AC | MS | 7.38 | | Guest |
| 3 | Liam Mulcahy | Leevale AC | MS | 7.45 | | |
| 4 | PATRICK LYNCH | Newport AC | MS | 7.51 | | |
| 5 | Wesley Olivero | Leevale AC | MS | 7.54 | | |
| 6 | Damien Hickey | Abbey Striders AC | MS | 7.56 | | |
| 7 | Declan Owens | Mayo AC | MS | 8.45 | | Guest |

| 60m | | | | |
|------|------|----------|------|--|
| Name | Club | Category | Time | |

| | | | | | | |
|---|-------------------|-------------------|-----|------|--|-------|
| 1 | Brendan Leahy | Waterford AC | M35 | 7.73 | | |
| 2 | Kenneth Lee | Templemore AC | M35 | 7.86 | | |
| 3 | Adrian McGinley | Templemore AC | M35 | 7.93 | | |
| 4 | Danny Meaney | Templemore AC | M35 | 7.98 | | |
| 5 | Glen Scullion | Mid Ulster AC | M35 | 8.06 | | Guest |
| 6 | Declan O' Mahoney | Youghal AC | M35 | 8.16 | | |
| 7 | John Demspey | West Waterford AC | M35 | 8.35 | | |
| 8 | Ronan Foley | Togher AC | M35 | 8.42 | | |

| | | | | | | |
|---|------------------|---------------|-----|------|--|-------|
| 1 | John Corr | Leevale AC | M40 | 7.57 | | |
| 2 | Anthony Greaney | An Ríocht AC | M40 | 7.66 | | |
| 3 | Paudie Barron | St Josephs AC | M40 | 7.94 | | Guest |
| 4 | Stephen Lappin | Dooneen AC | M40 | 8.02 | | |
| 5 | DONNACHA DENNEHY | Rising Sun AC | M40 | 8.27 | | |
| 6 | Mark Burke | Moyglass AC | M40 | 8.67 | | |
| 7 | Tomas O'Shea | Liscarroll AC | M40 | 8.82 | | |

| 60m | | | | | |
|-------------|-------------------------|----------------------------|-----------------|-------------|--------|
| | Name | Club | Category | Time | |
| 1 | Trevor White | St Cronans AC A.C | M45 | 8.35 | |
| 2 | Finbarr Whelan | Liscarroll AC | M45 | 8.36 | |
| 3 | ALEX CONWAY | Ennis Track AC | M45 | 8.49 | |
| 4 | Andy Minogue | Dooneen AC | M45 | 8.87 | |
| 1 | Jimmy O'Neill | Menapians AC | M50 | 8.17 | Guest |
| 2 | John Quinn | Fanahan McSweeney AC | M50 | 8.32 | |
| 3 | Noel Galvin | West Muskerry | M50 | 8.99 | |
| 4 | Richard Butler | Ballynonty AC | M50 | 9.02 | |
| 5 | Gerard Leahy | Liscarroll AC | M50 | 9.04 | |
| 6 | Timmy Ryan | Dooneen AC | M50 | 9.45 | |
| 1 | Pat Power | St Josephs AC | M55 | 8.47 | Guest |
| 2 | John Murphy | Liscarroll AC | M55 | 8.72 | |
| 1 | James O'Hare | Limerick AC | M60 | 8.77 | |
| 2 | Seamus Fox | Fanahan McSweeney AC | M60 | 9.63 | |
| 1 | BRENDAN DENNEHY | Rising Sun AC | M65 | 8.72 | |
| 2 | Bernie O'Neill | Clonmel AC | M65 | 8.99 | |
| 3 | John Rice | Grange Fermoy AC | M65 | 11.44 | |
| 1 | Con O'Donovan | Rising Sun AC | M70 | 9.48 | |
| 2 | JIM O SHEA | Farranfore Maine Valley AC | M70 | 9.75 | |
| 3 | Jerry O'Connell | Limerick Country Club | M70 | 11.63 | |
| 200m | | | | | |
| | Name | Club | Category | Time | |
| 1 | Shona Lowe | Leevale AC | FS | 26.83 | |
| 2 | Jess Neville | Leevale AC | FS | 26.87 | |
| 3 | Emily Nolan | Carrick-on-Suir AC | FS | 27.86 | |
| 4 | Kate Ivory | Liscarroll AC | FS | 29.31 | |
| 1 | Mary Tobin | Dooneen AC | F35 | 32.25 | |
| 2 | Diane Curran | Dooneen AC | F35 | 32.85 | |
| 3 | MARY CAHILL | Ennis Track AC | F35 | 33.36 | |
| 4 | MICHELLE TIMONEY REEVES | Ennis Track AC | F35 | 34.17 | |
| 1 | Martha O'Sullivan | Dooneen AC | F40 | 34.97 | |
| 1 | Sheila O Donoghue | Gneeveguilla AC | F45 | 33.12 | Heat 1 |
| 2 | Paula murphy | Dooneen AC | F45 | 33.46 | Heat 2 |
| 3 | HILDA O CONNOR | Ennis Track AC | F45 | 34.97 | Heat 1 |
| 4 | Suzanne McConway | St Cronans AC | F45 | 38.03 | Heat 2 |
| 5 | Vera Meyler | Menapians AC | F45 | 39.93 | Heat 2 |
| 6 | Susan Taylor | St Cronans AC | F45 | 40.23 | Heat 1 |
| 7 | Eileen O Rirdan | Gneeveguilla AC | F45 | 42.32 | Heat 2 |
| 1 | Siobhán Doyle | Menapians AC | F50 | 36.85 | Guest |
| 2 | Kitty Buckley | St Finbarrs AC | F50 | 42.33 | |
| 1 | Hazel Galloway | Clonmel AC | F55 | 34.87 | |
| 2 | MARION O'LOUGHLIN | Ennis Track AC | F55 | 42.06 | |
| 1 | Carmel McDomhnail | West Limerick AC | F60 | 40.19 | |
| 2 | Marion Lyons | St Finbarrs AC | F60 | 42.88 | |
| 3 | Margaret Heffernan | Liscarroll AC | F60 | 53.54 | |

200m

| | Name | Club | Category | Time | | |
|----|-----------------|--------------------------|-----------------|-------------|--------|-------|
| 1 | Mary Barry | Grange Fermoy AC | F65 | 51.79 | | |
| 1 | Terri Gough | West Waterford AC | F70 | 49.84 | | |
| 1 | Marcus Lawler | St. Laurence O'Tooles AC | MS | 22.45 | Heat 4 | Guest |
| 2 | Adam Murphy | St. Laurence O'Tooles AC | MS | 23.32 | Heat 3 | Guest |
| 3 | Cormac Lynch | Marian AC | MS | 23.46 | Heat 3 | |
| 4 | Lorcan O Connor | Emerald AC | MS | 23.54 | Heat 4 | |
| 5 | Paul White | Nenagh Olympic AC | MS | 23.60 | Heat 4 | |
| 6 | Stephen Walsh | Ferrybank AC | MS | 23.65 | Heat 4 | |
| 7 | Kaodi Ogbene | Leevale AC | MS | 23.95 | Heat 2 | |
| 8 | John Fitzsimons | Kildare AC | MS | 23.99 | Heat 1 | Guest |
| 9 | Robert Bennett | CIT AC | MS | 24.03 | Heat 1 | |
| 10 | PATRICK LYNCH | Newport AC | MS | 24.51 | Heat 1 | |
| 11 | Kevin Migge | Naas AC | MS | 24.59 | Heat 2 | Guest |
| 12 | Wesley Olivero | Leevale AC | MS | 24.74 | Heat 3 | |
| 13 | Damien Hickey | Abbey Striders AC | MS | DQ | Heat 2 | |
| 1 | Brendan Leahy | Waterford AC | M35 | 25.17 | | |
| 2 | Adrian McGinley | Templemore AC | M35 | 26.00 | | |
| 3 | Ronan Foley | Togher AC | M35 | 28.02 | | |
| 1 | Stephen Lappin | Dooneen AC | M40 | 25.81 | Heat 1 | |
| 2 | Kevin Lynch | Lios Tuathail AC | M40 | 25.88 | Heat 2 | |
| 3 | Micheal Dennehy | Rising Sun AC | M40 | 27.50 | Heat 2 | |
| 4 | Artur Novak | St Brendans AC | M40 | 27.97 | Heat 1 | |
| 5 | Tomas O'Shea | Liscarroll AC | M40 | 28.60 | Heat 2 | |
| 6 | Liam Coughlan | Liscarroll AC | M40 | 32.55 | Heat 1 | |
| 1 | Trevor White | St Cronans AC A.C | M45 | 27.37 | | |
| 2 | JOHN MURPHY | Ennis Track AC | M45 | 28.45 | | |
| 3 | Finbarr Whelan | Liscarroll AC | M45 | 29.02 | | |
| 1 | Jimmy O'Neill | Menapians AC | M50 | 27.31 | Heat 2 | Guest |
| 2 | John Quinn | Fanahan McSweeney AC | M50 | 28.01 | Heat 2 | |
| 3 | Adrian Young | Templemore AC | M50 | 30.27 | Heat 1 | |
| 4 | Timmy Ryan | Dooneen AC | M50 | 30.55 | Heat 1 | |
| 5 | Gerard Leahy | Liscarroll AC | M50 | 31.12 | Heat 1 | |
| 1 | John Murphy | Liscarroll AC | M55 | 28.75 | | |
| 1 | Joe Gough | West Waterford AC | M60 | 28.96 | | |
| 2 | James O'Hare | Limerick AC | M60 | 29.84 | | |
| 3 | Seamus Fox | Fanahan McSweeney AC | M60 | 33.01 | | |
| 4 | Eddie Barry | St Finbarrs AC | M60 | 37.05 | | |
| 1 | Paddy Shelly | Ballynonty AC | M65 | 37.75 | | |
| 1 | Con O'Donovan | Rising Sun AC | M70 | 34.72 | | |
| 2 | Jerry O'Connell | Limerick Country Club | M70 | 40.44 | | |
| 1 | JOE HOGAN | Rising Sun AC | M75 | 1.19.15 | | |

400m

| | Name | Club | Category | Time | | |
|---|-------------------|--------------------|-----------------|-------------|--------|-------|
| 1 | Sophie Becker | St Josephs AC | FS | 60.14 | Heat 1 | Guest |
| 2 | Leanne Prout | Carrick-on-Suir AC | FS | 60.12 | Heat 2 | |
| 3 | Aoife Delargey | Nenagh Olympic AC | FS | 60.65 | Heat 1 | |
| 4 | Andrea Bickerdike | Leevale AC | FS | 61.05 | Heat 1 | |
| 5 | Jess Neville | Leevale AC | FS | 61.07 | Heat 2 | |
| 6 | EIMEAR LYNCH | Newport AC | FS | 61.92 | Heat 2 | |
| 7 | Lorraine Carr | Leevale AC | FS | 67.54 | Heat 1 | |
| 1 | Stephen Walsh | Ferrybank AC | MS | 52.16 | Heat 2 | |
| 2 | Paul White | Nenagh Olympic AC | MS | 52.46 | Heat 1 | |
| 3 | Michael Quilligan | Nenagh Olympic AC | MS | 52.71 | Heat 2 | |
| 4 | Lorcan O Connor | Emerald AC | MS | 53.50 | Heat 3 | |
| 5 | Liam O'Brien | Togher AC | MS | 53.80 | Heat 3 | |
| 6 | Dara O'Carroll | MSB AC | MS | 55.63 | Heat 4 | Guest |

800m

| | Name | Club | Category | Time | | |
|----|---------------------|-------------------|-----------------|-------------|--------|--|
| 1 | Margaret Mary Grace | Nenagh Olympic AC | FS | 2.30.14 | | |
| 1 | Mary Tobin | Dooneen AC | F35 | 2.30.84 | | |
| 2 | MARY CAHILL | Ennis Track AC | F35 | 2.40.19 | | |
| 3 | HELEN O HANLON | Ennis Track AC | F45 | 2.42.49 | | |
| 4 | Anna O'Neill | Dohenys AC | F45 | 2.51.80 | | |
| 5 | Susan Taylor | St Cronans AC | F45 | 3.09.70 | | |
| 1 | Kitty Buckley | St Finbarrs AC | F50 | 3.20.00 | | |
| 1 | MARION O'LOUGHLIN | Ennis Track AC | F55 | 3.29.54 | | |
| 1 | Carmel McDomhnail | West Limerick AC | F60 | 2.58.38 | | |
| 2 | Marion Lyons | St Finbarrs AC | F60 | 3.25.20 | | |
| 1 | Peter Hanrahan | Togher AC | MS | 1.59.38 | Heat 1 | |
| 2 | Damien Landers | St Johns AC | MS | 1.59.58 | Heat 1 | |
| 3 | William Maunsell | Clonmel AC | MS | 2.01.54 | Heat 2 | |
| 4 | Tom Hennessy | Nenagh Olympic AC | MS | 2.01.72 | Heat 1 | |
| 5 | Denis Coughlan | St Finbarrs AC | MS | 2.02.11 | Heat 1 | |
| 6 | MICHEAL KEANE | Ennis Track AC | MS | 2.03.32 | Heat 2 | |
| 7 | Ian Tivy | Togher AC | MS | 2.04.92 | Heat 1 | |
| 8 | Mark McBrearty | Lifford AC | MS | 2.10.81 | Heat 2 | |
| 9 | Shane O'Sullivan | Leevale AC | MS | 2.16.31 | Heat 2 | |
| 10 | Shane O'Rahilly | North Cork AC | MS | DNF | Heat 2 | |
| 1 | Gary Madden | Derg AC | M35 | 2.17.92 | | |
| 2 | JOHN MOLONEY | Ennis Track AC | M35 | 2.18.65 | | |
| 3 | Brian O Sullivan | Limerick AC | M35 | 2.22.31 | | |
| 1 | Kevin Lynch | Lios Tuathail AC | M40 | 2.06.45 | | |
| 2 | Finbarr O'Dwyer | Leevale AC | M40 | 2.09.54 | | |
| 3 | dermot kearns | Dooneen AC | M40 | 2.12.92 | | |
| 4 | JOHN CONROY | Ennis Track AC | M40 | 2.22.61 | | |
| 5 | Raymond McInerney | Limerick AC | M40 | 2.32.88 | | |
| 1 | Paschal Halley | Waterford AC | M45 | 2.19.11 | | |
| 2 | John White | St Michaels | M45 | 2.21.03 | Guest | |
| 3 | Pat O'Riordan | Limerick AC | M45 | 2.24.45 | | |
| 4 | PJ Doyle | Sli Cualann AC | M45 | 2.57.88 | Guest | |

| 800m | | | | | |
|-------------|-------------------|-----------------------------|-----------------|-------------|-------|
| | Name | Club | Category | Time | |
| 1 | JEROME FOLEY | Farranfore Maine Valley AC | M50 | 2.28.10 | |
| 2 | PAT MORRISSEY | Ennis Track AC | M50 | 2.28.47 | |
| 3 | Mark Bickerdike | Leevale AC | M50 | 2.32.33 | |
| 4 | Bernard Feery | Fethard AC | M50 | 2.38.54 | |
| 5 | MICHAEL CLUNE | Ennis Track AC | M50 | 2.40.27 | |
| 5 | Dave Percival | Menapians AC | M50 | 2.54.48 | Guest |
| 6 | JIMMY DOYLE | Ennis Track AC | M50 | 2.57.71 | |
| 1 | Eugene Moynihan | Marian AC | M55 | 2.28.63 | |
| 2 | Michael Quinlivan | Tulla AC | M55 | 2.46.38 | |
| 3 | James Sexton | Kilmurry Ibk./Nth. Clare AC | M55 | 2.49.44 | |
| 4 | Peadar McGing | Dundrum South Dublin AC | M55 | 2.55.80 | Guest |
| 1 | Joe Gough | West Waterford AC | M60 | 2.28.46 | |
| 1 | Paddy Shelly | Ballynonty AC | M65 | 3.12.54 | |
| 2 | SEAN WHELAN | Ennis Track AC | M65 | 3.25.21 | |
| 1 | JOE HOGAN | Rising Sun AC | M75 | 4.13.15 | |

| 1500m | | | | | |
|--------------|-------------------|----------------------------|-----------------|-------------|-------|
| | Name | Club | Category | Time | |
| 1 | Amy O'Donoghue | Emerald AC | FS | 4.39.87 | |
| 2 | Carol Finn | Leevale AC | FS | 4.42.32 | |
| 3 | Maria McCarthy | Farranfore Maine Valley AC | FS | 4.42.61 | |
| 4 | Andrea Bickerdike | Leevale AC | FS | 5.02.48 | |
| 5 | Niamh Allen | UCC AC | FS | 5.06.64 | |
| 1 | HELEN O HANLON | Ennis Track AC | F45 | 5.11.16 | |
| 2 | Susan Taylor | St Cronans AC | F45 | 6.21.64 | |
| 1 | Carmel McDomhnail | West Limerick AC | F60 | 5.58.96 | |
| 2 | Marion Lyons | St Finbarrs AC | F60 | 6.51.67 | |
| 3 | MARION O'LOUGHLIN | Ennis Track AC | F55 | 7.11.12 | |
| 1 | Damien Landers | St Johns AC | MS | 4.21.24 | |
| 2 | John Shine | Leevale AC | MS | 4.21.44 | |
| 3 | John Collins | Skibbereen AC | MS | 4.22.72 | |
| 4 | Elton Heffernan | Togher AC | MS | 4.25.22 | |
| 5 | Craig Harrington | Togher AC | MS | 4.39.99 | |
| 6 | Joey Feery | Fethard AC | MS | 4.51.85 | |
| 1 | Larry Arthur | Derg AC | M35 | 4.36.06 | |
| 2 | JOHN MOLONEY | Ennis Track AC | M35 | 4.48.05 | |
| 3 | Brian O Sullivan | Limerick AC | M35 | 5.00.45 | |
| 1 | Finbarr O'Dwyer | Leevale AC | M40 | 4.38.45 | |
| 2 | Keith Daly | Limerick AC | M40 | 4.38.96 | |
| 3 | shane larkin | Dooneen AC | M40 | 4.57.80 | |
| 4 | JOHN CONROY | Ennis Track AC | M40 | 4.59.33 | |
| 1 | JOHN MURPHY | Ennis Track AC | M45 | 5.12.02 | |
| 2 | Michael O'Grady | Sportsworld AC | M45 | 5.14.02 | Guest |

| 1500m | | | | |
|--------------|-------------------|-----------------------------|-----------------|-------------|
| | Name | Club | Category | Time |
| 1 | Harry O'Brien | West Waterford AC | M50 | 4.50.85 |
| 2 | Michael Kelly | Derg AC | M50 | 4.58.96 |
| 3 | Mark Bickerdike | Leevale AC | M50 | 5.04.86 |
| 4 | Bernard Feery | Fethard AC | M50 | 5.18.25 |
| 5 | Neilie Hall | Ballynonty AC | M50 | 5.47.95 |
| 6 | JIMMY DOYLE | Ennis Track AC | M50 | 6.07.91 |
| 1 | Eugene Moynihan | Marian AC | M55 | 5.06.43 |
| 2 | Michael Quinlivan | Tulla AC | M55 | 5.39.88 |
| 3 | James Sexton | Kilmurry Ibk./Nth. Clare AC | M55 | 5.42.07 |
| 1 | Joe Gough | West Waterford AC | M60 | 5.50.03 |
| 2 | Eddie Barry | St Finbarrs AC | M60 | 6.17.96 |
| 1 | Paddy Shelly | Ballynonty AC | M65 | 6.41.48 |

| 3000m | | | | |
|--------------|------------------|-----------------------------|-----------------|-------------|
| | Name | Club | Category | Time |
| 1 | Niamh Moore | UCC AC | F23 | 10.28.42 |
| 1 | Maria McCarthy | Farranfore Maine Valley AC | FS | 10.29.70 |
| 2 | Aisling Moran | Leevale AC | FS | 10.33.86 |
| 3 | Niamh Roe | St Finbarrs AC | FS | 10.35.13 |
| 4 | Sharon Rynne | Kilmurry Ibk./Nth. Clare AC | FS | 10.57.03 |
| 5 | Noreen Mackey | Kilmurry Ibk./Nth. Clare AC | FS | 11.48.52 |
| 1 | Anna O'Neill | Dohenys AC | F45 | 11.26.40 |
| 1 | Mary Gaynor | Menapians AC | F50 | 13.08.22 |
| 2 | Kitty Buckley | St Finbarrs AC | F50 | 13.21.60 |
| 1 | Shane O'Rahilly | North Cork AC | M23 | |
| 2 | Robert Purcell | Gneeveguilla AC | M23 | |
| 1 | William Maunsell | Clonmel AC | MS | |
| 2 | James Grufferty | Leevale AC | MS | |
| 3 | Eric Curran | Leevale AC | MS | |
| 4 | Anthony Mannix | Leevale AC | MS | |
| 5 | Joey Feery | Fethard AC | MS | |
| 1 | Stuart Moloney | Mooreabbey Milers AC | M35 | |
| 2 | Larry Arthur | Derg AC | M35 | |
| 3 | Tony Harty | An Ríocht AC | M35 | |
| 4 | Niall O Riordan | West Limerick AC | M35 | |
| 5 | Frank O'Carroll | East Cork AC | M35 | |
| 6 | Patrick Roche | Carrick-on-Suir AC | M35 | |
| 1 | David Ryan | Clonmel AC | M40 | 9.37.40 |
| 2 | Gary Egan | An Brú AC | M40 | 9.57.49 |
| 3 | Keith Daly | Limerick AC | M40 | 10.04.48 |
| 4 | tony fitzgerald | Dooneen AC | M40 | 10.29.04 |
| 5 | AIDAN HOGAN | Rising Sun AC | M40 | 10.38.67 |
| 6 | FERGAL MCGRATH | Ennis Track AC | M40 | 12.00.09 |
| 1 | Rbbert Purcell | Gneeveguilla AC | M45 | 10.01.28 |
| 2 | JOHN MURPHY | Ennis Track AC | M45 | 10.51.31 |
| 3 | James Ryan | Eagle AC | M45 | 11.31.87 |

3000m

| | Name | Club | Category | Time |
|---|-------------------|-----------------------------|----------|----------|
| 1 | Michael Kelly | Derg AC | M50 | 10.41.73 |
| 2 | PAT MORRISSEY | Ennis Track AC | M50 | 10.46.01 |
| 3 | Ray Haesy | West Waterford AC | M50 | 10.46.73 |
| 4 | joe chawke | Dooneen AC | M50 | 10.47.71 |
| 5 | Bernard Feery | Fethard AC | M50 | 10.50.58 |
| 6 | Michael Moore | Dundrum A.C. | M50 | 10.53.04 |
| 7 | John Desmond | Eagle AC | M50 | 11.08.04 |
| 8 | MICHAEL CLUNE | Ennis Track AC | M50 | 11.15.13 |
| 9 | Neilie Hall | Ballynonty AC | M50 | 12.07.34 |
| | | | | |
| 1 | Eugene Moynihan | Marian AC | M55 | 10.38.97 |
| 2 | James Sexton | Kilmurry Ibk./Nth. Clare AC | M55 | 12.02.07 |
| 3 | Mick Delahunty | Templemore AC | M55 | 12.16.97 |
| | | | | |
| 1 | Marthin Loughnane | Templemore AC | M60 | 11.26.41 |
| | | | | |
| 1 | Paddy Shelly | Ballynonty AC | M65 | 12.21.60 |
| 2 | SEAN WHELAN | Ennis Track AC | M65 | 13.30.91 |
| | | | | |
| 1 | Flor O'Leary | St Finbarrs AC | M80 | |

3K Walks

| | Name | Club | Category | Time |
|---|--------------------|---------------|----------|----------|
| 1 | Lauren Whelan | Leevale AC | FS | NT |
| | | | | |
| 1 | Angharad Loughnane | Marian A.C. | FJ | 17.45.95 |
| 2 | Jodie Cusack | Liscarroll AC | FJ | 17.58.95 |
| 3 | Chloe Lynch | Clonmel AC | FJ | NT |
| 4 | Alyx Dwyer | Clonmel AC | FJ | NT |

5K Walks

| | Name | Club | Category | Time |
|---|---------------|----------------|----------|----------|
| 1 | Aaron Egan | Clonmel AC | MJ | 22.54.85 |
| 2 | Anthony Tobin | Clonmel AC | MJ | 23.07.00 |
| | | | | |
| 1 | Luke Hickey | Leevale AC | M23 | 21.03.86 |
| 2 | Evan Lynch | Clonmel AC | M23 | 21.10.51 |
| | | | | |
| 1 | Alex Wright | Leevale AC | MS | 19.41 H |
| 2 | Brendan Boyce | Letterkenny AC | MS | 20.48.69 |
| 3 | Neilie Hall | Ballynonty AC | MS | 23.54.11 |

Guest

Relays 4 x 200m**Junior Women**

| | |
|---|-------------------|
| 1 | Nenagh Olympic AC |
| 2 | Liscarroll AC |

Senior Men

| | |
|---|-------------------|
| 1 | Emerald AC |
| 2 | Nenagh Olympic AC |

Masters Women

| | | |
|---|----------------|----------|
| 1 | Dooneen AC | 2.12.5 H |
| 2 | Ennis Track AC | 2.16.6 H |

Relays 4 x 200m**Masters Men**

| | | |
|---|---------------|----------|
| 1 | Templemore AC | 1.51.8 H |
| 2 | Rising Sun AC | 1.52.6 H |
| 3 | Liscarroll AC | 1.57.9 H |
| 4 | Dooneen AC | 1.58.6 H |

Master Men Intercounty O50

| | |
|---|---------------|
| 1 | Liscarroll AC |
|---|---------------|

Long Jump

| | Name | Club | Category | Time | |
|---|-------------------|-------------------------|----------|--------|-------|
| 1 | Genieve Rowland | Templemore AC | FS | 4.49 m | |
| 2 | Anna Walsh | Liscarroll AC | FS | 4.31 m | |
| 3 | Aoife O Malley | Bilboa A.C | FS | 3.91 m | |
| 1 | MARY CAHILL | Ennis Track AC | F35 | 3.74 m | |
| 1 | Martha O'Sullivan | Dooneen AC | F40 | 3.56 m | |
| 1 | Sheila O Donoghue | Gneeveguilla AC | F45 | 3.81 m | |
| 2 | HILDA O CONNOR | Ennis Track AC | F45 | 3.31 m | |
| 3 | Eileen O Rirdan | Gneeveguilla AC | F45 | 2.18 m | |
| 1 | Marie Coughlan | Kilmihil A.C. | F60 | 2.27 m | |
| 1 | Mary Barry | Grange Fermoy AC | F65 | 2.18 m | |
| 1 | Darren Prout | Carrick-on-Suir AC | MS | 6.21 m | |
| 2 | Roland Pika | Limerick AC | MS | 6.14 m | |
| 1 | Danny Meaney | Templemore AC | M35 | 5.46 m | |
| 2 | Breandán Dennehy | Rising Sun AC | M35 | 5.32 m | |
| 3 | Adrian McGinley | Templemore AC | M35 | 5.19 m | |
| 4 | Glen Scullion | Mid Ulster AC | M35 | 5.00 m | |
| 5 | Declan O' Mahoney | Youghal AC | M35 | 4.90 m | |
| 6 | John Demspey | West Waterford AC | M35 | 4.81 m | |
| 1 | Tomás Griffin | An Ríocht AC | M40 | 5.88 m | |
| 2 | DONNACHA DENNEHY | Rising Sun AC | M40 | 4.89 m | |
| 3 | Artur Novak | St Brendans AC | M40 | 4.45 m | |
| 4 | Tomas O'Shea | Liscarroll AC | M40 | 4.45 m | |
| 5 | Mark Burke | Moyglass AC | M40 | 4.32 m | |
| 6 | AIDAN HOGAN | Rising Sun AC | M40 | 3.73 m | |
| 1 | Paschal Halley | Waterford AC | M45 | 5.05 m | |
| 2 | PJ Doyle | Sli Cualann AC | M45 | 2.10 m | Guest |
| 1 | Adrian Young | Templemore AC | M50 | 4.09 m | |
| 2 | Noel Galvin | West Muskerry | M50 | 3.75 m | |
| 3 | Neilie Hall | Ballynonty AC | M50 | 3.70 m | |
| 1 | Pat Power | St Josephs AC | M55 | 1.49 m | |
| 2 | Peadar McGing | Dundrum South Dublin AC | M55 | 4.16 m | Guest |
| 3 | John Murphy | Liscarroll AC | M55 | 4.14 m | |
| 1 | Seamus Fox | Fanahan McSweeney AC | M60 | 4.05 m | |
| 2 | Willie O'Toole | St Laurence O'Tooles AC | M60 | 3.88 m | Guest |

| Long Jump | | | | | |
|------------------|-----------------|----------------------------|-----------------|-------------|--|
| | Name | Club | Category | Time | |
| 1 | Brendan Dennehy | Rising Sun AC | M65 | 4.15 m | |
| 2 | Bernie O'Neill | Clonmel AC | M65 | 3.51 m | |
| 1 | Jim O'Shea | Farranfore Maine Valley AC | M70 | 3.91 m | |
| 2 | Con O'Donovan | Rising Sun AC | M70 | 3.32 m | |
| 3 | Jerry O'Connell | Limerick Country Club | M70 | 2.16 m | |

| Pole Vault | | | | | |
|-------------------|----------------|-------------------|-----------------|-------------|--|
| | Name | Club | Category | Time | |
| 1 | Megan O'Connor | West Waterford | FJ | 2.80 m | |
| 2 | Ellen Larkin | Emerald AC | FJ | 2.65 m | |
| 3 | Una Samuels | Leevale AC | FJ | 2.50 m | |
| 4 | Molly Healy | Leevale AC | FJ | 2.35 m | |
| 5 | Aoife Tierney | Nenagh Olympic AC | FJ | 2.35 m | |
| 1 | Laura Cussen | Old Abbey A C | FS | 2.50 m | |
| 1 | Yuri Kanash | West Waterford AC | MJ | 4.30 m | |
| 2 | Jamie Fennell | West Waterford AC | MJ | 3.60 m | |
| 3 | Des Kelleher | Leevale AC | MJ | 2.50 m | |

| High Jump | | | | | |
|------------------|------------------|---------------|-----------------|-------------|-------|
| | Name | Club | Category | Time | |
| 1 | Shannen Dawkins | St Josephs AC | FS | 1.60 m | Guest |
| 1 | David Cussen | Old Abbey A C | MS | 1.90 m | |
| 2 | Siomon Archer | Templemore AC | MS | 1.80 m | |
| 3 | De Kelleher | Leevale AC | MS | 1.65 m | |
| 1 | Breandán Dennehy | Rising Sun AC | M35 | 1.55 m | |
| 2 | Kevin Shorthall | Templemore AC | M35 | 1.55 m | |

| Triple Jump | | | | | |
|--------------------|----------------|---------------|-----------------|-------------|-------|
| | Name | Club | Category | Time | |
| 1 | Fiona O Shea | Dooneen AC | FJ | 10.88 m | |
| 2 | Grace Furlong | Waterford AC | FJ | 10.17 m | |
| 1 | Sophie Becker | St Josephs AC | FS | 9.36 m | Guest |
| 2 | Aoife O Malley | Bilboa A.C | FS | 8.54 m | |
| 1 | Conor Durnin | St Peters AC | MJ | 13.30 m | Guest |
| 1 | Niall Counihan | Dooneen AC | MS | 13.64 m | |

| Shot | | | | | |
|-------------|--------------------|-----------------------------|-----------------|-------------|-------|
| | Name | Club | Category | Time | |
| 1 | Alana Frattaroli | Limerick Athletic Club | FS | 12.05 m | |
| 2 | Genieve Rowland | Templemore AC | FS | 9.11 m | |
| 3 | Aoife O Malley | Bilboa A.C | FS | 8.11 m | |
| 4 | Jodie Cusack | Liscarroll AC | FS | 6.70 m | |
| 1 | Martha O'Sullivan | Dooneen AC | F40 | 7.04 m | |
| 2 | Mary Moroney | Nenagh Olympic AC | F40 | 5.72 m | |
| 1 | Sheila O Donoghue | Gneeveguilla AC | F45 | 10.27 m | |
| 2 | Eileen O Riordan | Gneeveguilla AC | F45 | 8.28 m | |
| 3 | Suzanne McConway | St Cronans AC | F45 | 4.74 m | |
| 1 | Marie Coughlan | Kilmihil A.C. | F60 | 5.32 m | |
| 2 | Margaret Heffernan | Liscarroll AC | F60 | 5.17 m | |
| 1 | Mary Barry | Grange Fermoy AC | F65 | 3.43 m | |
| 1 | Terri Gough | West Waterford | F70 | 5.84 m | |
| 1 | Seamus McMahon | Shannon AC | MS | 9.84 m | |
| 2 | Paul Keating | Liscarroll AC | MS | 8.97 m | |
| 1 | John Leahy | Kilmurry Ibk./Nth. Clare AC | M35 | 12.13 m | |
| 2 | Tom Bouchier | Ferrybank AC | M35 | 10.53 m | |
| 3 | Paul Askins | Dooneen AC | M35 | 6.05 m | |
| 1 | joe Kenny | Templemore AC | M40 | 9.48 m | |
| 2 | Artur Novak | St Brendans AC | M40 | 9.16 m | |
| 3 | Micheal Dennehy | Rising Sun AC | M40 | 7.51 m | |
| 4 | AIDAN HOGAN | Rising Sun AC | M40 | 7.35 m | |
| 5 | Shane McLoughlin | Shercock | M40 | 6.76 m | Guest |
| 6 | Liam Coughlan | Liscarroll AC | M40 | 6.64 m | |
| 1 | Peter Ryan | Nenagh Olympic AC | M45 | 10.54 m | |
| 2 | ALEX CONWAY | Ennis Track AC | M45 | 10.45 m | |
| 3 | Dave Frattaroli | Limerick Athletic Club | M45 | 9.85 m | |
| 4 | Finbarr Whelan | Liscarroll AC | M45 | 7.67 m | |
| 5 | PJ Doyle | Sli Cualann AC | M45 | 5.19 m | Guest |
| 1 | Richard Butler | Ballynonty AC | M50 | 7.38 m | |
| 2 | Gerard Leahy | Liscarroll AC | M50 | 6.96 m | |
| 3 | John Desmond | Eagle AC | M50 | 6.49 m | |

| Shot | | | | | |
|-------------|--------------------|-------------------------|-----------------|-------------|-------|
| | Name | Club | Category | Time | |
| 1 | Martin Fitzpatrick | St Marys CI ACare | M55 | 10.12 m | |
| 2 | Pat Kennedy | Ferrybank AC | M55 | 9.84 m | |
| 3 | Peadar McGing | Dundrum South Dublin AC | M55 | 8.96 m | Guest |
| 1 | William O'Toole | St Laurence O'Tooles AC | M60 | 10.29 m | |
| 2 | James O'Hare | Limerick AC | M60 | 9.88 m | |
| 1 | Michael Kelly | Nenagh Olympic AC | M65 | 10.20 m | |
| 2 | Noel Monteith | Borrisokane AC | M65 | 8.55 m | |
| 3 | John Rice | Grange Fermoy AC | M65 | 7.80 m | |
| 4 | Bernie O'Neill | Clonmel AC | M65 | 7.40 m | |
| 5 | Micheal McCormack | Fethard AC | M65 | 6.97 m | |
| 1 | Con O'Donovan | Rising Sun AC | M70 | 7.76 m | |
| 2 | Jerry O'Connell | Limerick Country Club | M70 | 6.61 m | |
| 1 | JOE HOGAN | Rising Sun AC | M75 | 6.75 m | |
| 1 | Michéal O'Beirne | Dundrum A.C. | M80 | 4.45 m | |

| Weight for Distance 56 lb | | | | | |
|----------------------------------|-----------------|-----------------------------|-----------------|-------------|-------|
| | Name | Club | Category | Time | |
| 1 | John O Dwyer | Templemore AC | MS | 7.40 m | |
| 2 | Paul Keating | Liscarroll AC | MS | 3.89 m | |
| 1 | John Leahy | Kilmurry Ibk./Nth. Clare AC | M35 | 5.99 m | |
| 2 | Tom Bouchier | Ferrybank AC | M35 | 5.84 m | |
| 3 | Danny Meaney | Templemore AC | M35 | 5.68 m | |
| 1 | Anthony Greaney | An Ríocht AC | M40 | 5.98 m | |
| 2 | Micheal Dennehy | Rising Sun AC | M40 | 5.00 m | |
| 3 | AIDAN HOGAN | Rising Sun AC | M40 | 4.51 m | |
| 1 | Peter Ryan | Nenagh Olympic AC | M45 | 7.00 m | |
| 2 | Anthony Carolan | Nenagh Olympic AC | M45 | 6.05 m | |
| 3 | PJ Doyle | Sli Cualann AC | M45 | 2.71 m | Guest |

| Weight for Distance 35 lb | | | | | |
|----------------------------------|--------------------|-------------------------|-----------------|-------------|-------|
| | Name | Club | Category | Time | |
| 1 | Seamus McMahon | Shannon AC | MJ | 7.56 m | |
| 1 | Martin Fitzpatrick | St Marys CI AC | M55 | 9.68 m | |
| 2 | Pat Kennedy | Ferrybank AC | M55 | 7.45 m | |
| 1 | William O'Toole | St Laurence O'Tooles AC | M60 | 7.64m | Guest |
| 2 | James O'Hare | Limerick AC | M60 | 5.21 m | |
| 1 | John Rice | Grange Fermoy | M65 | 7.30 m | |
| 2 | Tom Jones | Templemore AC | M65 | 6.74 m | |
| 3 | Michael Kelly | Nenagh Olympic AC | M65 | 6.34 m | |
| 4 | Noel Monteith | Borrisokane | M65 | 5.18 m | |
| 5 | Micheal McCormack | Fethard AC | M65 | 4.14 m | |

Weight for Distance 28 lb

| | Name | Club | Category | Time |
|---|-----------------|-----------------------|-----------------|-------------|
| 1 | Jerry O'Connell | Limerick Country Club | M70 | 4.96 m |
| 1 | JOE HOGAN | Rising Sun AC | M75 | 5.40 m |

Weight for Distance 4KG

| | Name | Club | Category | Time |
|---|------------------|-------------|-----------------|-------------|
| 1 | Micheal O'Beirne | Dundrum AC | M80 | 3.01 m |