

MATT O'CONNOR MEMORIAL OPEN SPORTS

(Promoted by Marian Athletic Club)

John O'Sullivan Park, Lees Road, Ennis

Sunday 07th April, 2024

Commencing - 10.00am – Registration from 9.15

Admission – €3.00 / Adult Entry: €5.00 per athlete to cover all events (max €15/family)

FIELD EVENTS:

Senior Women: 28lbs – Weight for Distance

Senior Men: 35lbs – Weight for Distance

TRACK EVENTS:

Sprints

U7 Girls & Boys **60m**

U8 Girls & Boys **60m**

U9 Girls & Boys **80m**

U10 Girls & Boys **80m**

U11 Girls & Boys **100m**

U12 Girls & Boys **100m**

U14 Girls & Boys **100m**

U16 Girls **100m**(Confined to Marian AC)
(Ciara Conroy Memorial Perpetual Shield)

U16 Boys **100m**

Junior Women and Men **100m**

Distance

U8 Girls & Boys **150m**

U9 Girls & Boys **300m**

U10 Girls & Boys **500m**

U11 Girls & Boys **600m**

U12 Girls & Boys **600m**

U13 Girls & Boys **600m**

U14 Girls & Boys **800m**

U16 Girls & Boys **800m**

Junior Women and Men **800m**

RELAYS

U10 Girls & Boys (4x100m)

U12 Girls & Boys (4x100m)

U14 Girls & Boys (4x100m)

U16 Mixed Relay (4x100m)

U18 Mixed Relay (4x100m)